## July 2022 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
B - Beef C - Chicken D - Dairy F - Fish L - Lamb P - Pork T - Turkey V -Vegetarian				<b>1</b> Beef Hamburgers - B Veggie Burgers - V Tater Tots Mixed Fresh Fruit Fruit and Cheerios Soft Pretzels and Cheese Dip
4	5	6	7	8
closed in observance of Independence Day	Spaghetti Marinara - V Beef Bolognese on the Side - B Garlic Bread - D Caesar Salad - V,D Strawberries Bagels and Cream Cheese	Carnitas Tacos - P Faux Beef Tacos - V Homemade Salsa Rice and Refried Beans - V Mixed Melon Frosted Flakes	Penne Alfredo - V,D Shredded Chicken on the Side - C Fresh Focaccia Bread Roasted Veggies Oranges English Muffin and Jelly	Pesto Pizza - V,D Pepperoni Pizza - P,D Veggie Sticks and Ranch - D Mixed Fresh Fruit Fruit and Cheerios
	Cheese and Crackers	Fruit and Baked Good	Cured Meats and Crackers	Soft Pretzels and Cheese Dip
11	12	13	14	15
Ham and Cheese Sandwich - P,D Veggie and Cheese Sandwich - V,D House Fries Steamed Broccoli Grapes	Tuscan Pasta Salad - V,D Shredded Chicken on the Side - C Butter Rolls - D Carrots Strawberries	Herb Roasted Chicken - C BBQ Tofu - V Mashed Potatoes - V,D Green Beans Mixed Melon	Meatballs in Marinara - B,D Faux Meatballs in Marinara - V Egg Noodles - V Caesar Salad - V,D Oranges	Beef Hot Dogs - B Veggie Dogs - V Tater Tots Veggie sticks Mixed Fresh Fruit
Granola and Yogurt Craisins and Pretzels	Bagels and Cream Cheese Cheese and Crackers	Frosted Flakes Fruit and Baked Good	English Muffin and Jelly Cured Meats and Crackers	Fruit and Cheerios Soft Pretzels and Cheese Dip
18	19	20	21	22
Chicken Tacos - C Faux Chicken Tacos - V Rice and Black Beans Grapes	Honey Ham - P Mac and Cheese - V,D Roasted Veggies Strawberries	Beef Frito Pie - B Faux Frito Pie - V Steamed Broccoli Mixed Melon	Pancakes - V,D Pork Sausage - P Hash Browns Oranges	Cheese Quesadillas - V,D Chicken Quesadillas - C,D Corn on the Cobb Mixed Fresh Fruit
Granola and Yogurt Craisins and Pretzels	Bagels and Cream Cheese Cheese and Crackers	Frosted Flakes Fruit and Baked Good	English Muffin and Jelly Cured Meats and Crackers	Fruit and Cheerios Soft Pretzels and Cheese Dip
25	26	27	28	29
Fish Sticks - F,D Fried Tofu - V,D Home Fries - V Steamed Broccoli Grapes	Fettuccini Alfredo - V,D Shredded Chicken on the Side - C Garlic Breadsticks - D Spring Salad - D Strawberries	Sloppy Joe's - B Faux Sloppy Joe's - V Waffle Fries Broccoli Mixed Melon	Cheese Pizza - V,D Pepperoni Pizza - P,D Raw Veggie Sticks Oranges	Ham and Cheese Sandwiches - P,D Cheese Sandwiches - V,D Tater Tots Carrots Mixed Fresh Fruit
Granola and Yogurt Craisins and Pretzels	Bagels and Cream Cheese Cheese and Crackers	Frosted Flakes Fruit and Baked Good	English Muffin and Jelly Cured Meats and Crackers	Fruit and Goldfish Cheese and Crackers